



# CHANGE

Brings progress, new opportunities, and confidence.

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“HIPPY Halton creates a pathway for our families to thrive, enabling them to grow and change.”

Blaire Yoo, HIPPY Halton Mother and Outreach Worker

“HIPPY turns challenges into opportunities for growth and connection.”

Kera Zhang, HIPPY Halton Mother and Home Visitor

# Celebrating Success

“Every day is a chance to be better.” – Alamy

At HIPPY Halton, we promote and believe in change as a way of growth and development. We empower HIPPY parents to make positive changes in their parenting practices and believe in themselves as their children's first and best teachers. Research shows that parental involvement improves children's performance in all areas, and these effects remain in the future even if parents become less involved as their children grow.

HIPPY is built on the premise that mothers are the mechanism for change in their families and communities. Determined by a wish to ensure the most promising future for their children and with support, mothers can overcome many obstacles.

As an evidence-based program that works with families in their homes to support parents, our home visitors started to visit our families in person, with 18% of the visits at home, while 82% were still virtual home visits. This year, our goal is to visit the HIPPY families in person. At HIPPY, we value the benefits of building relationships with our families and supporting parents as they acquire new skills and abilities essential to strengthening mother-child relationships.

Life brings changes, and our home visitors move forward and grow, progressing to other job opportunities or enhancing their education. Thanks to these changes, we can keep supporting our HIPPY mothers by giving them their first Canadian work experience as they join our team of home visitors.

**We celebrate the fact that 87% of the HIPPY parents completed the 30-week program last year! We served 172 children, and 55 children headed to start Grade 1. This is a great accomplishment!**

Through our Reading Campaign, we promote the importance of reading to our children from the time they are born. This year, we distributed 900 books among 300 families in Halton.

- We are grateful for the continued support from our dedicated team of home visitors for their passion and commitment to doing their work, empowering HIPPY parents to prepare their children for success at school and beyond.
- We are thankful for the support of many organizations and generous people in our community. You are the reason why our work continues to make such a lasting, positive impact on families.

Thank you to our Board of Directors of HIPPY Halton for their guidance and support.

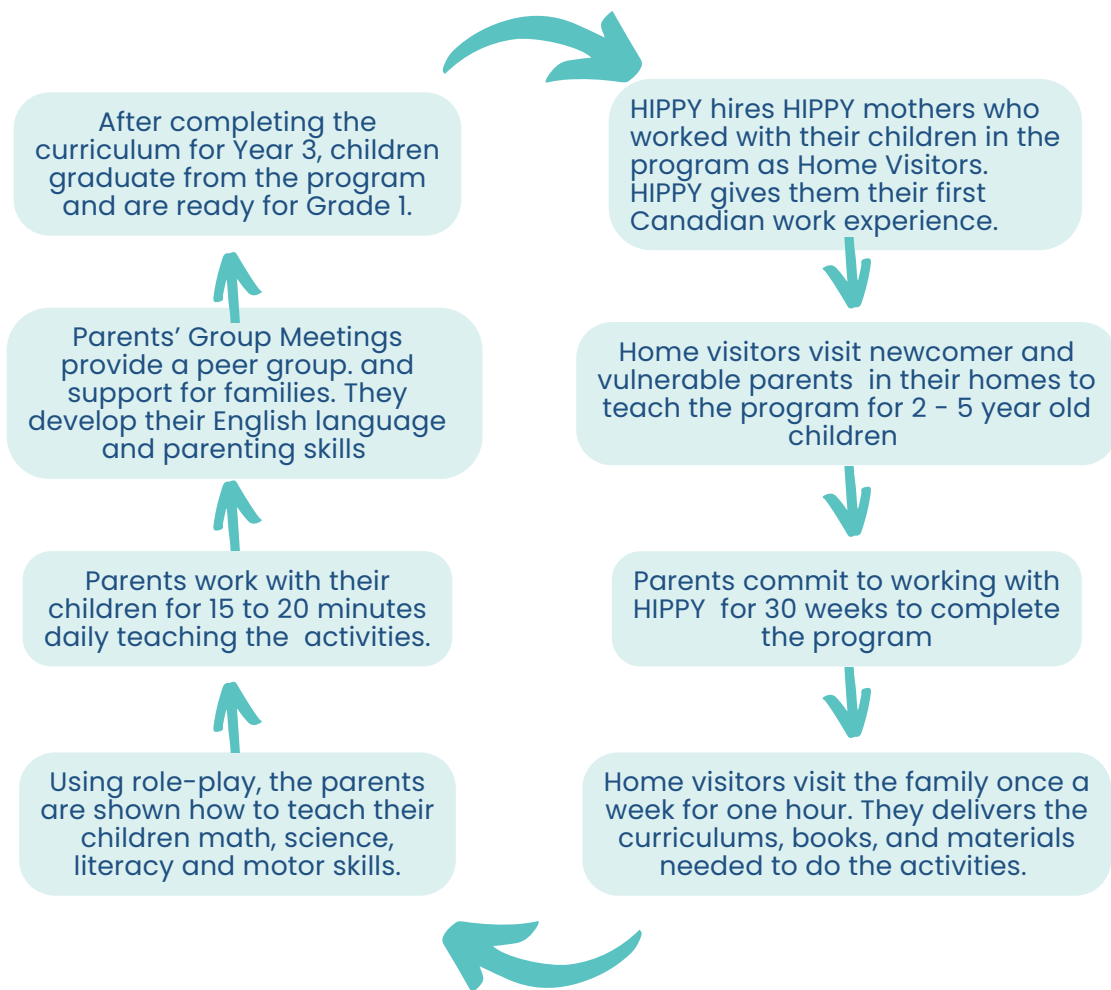


Lesley Mansfield  
Board Chair



Daniela Palau  
Executive Director

# How Do HIPPY and SMART Programs Work?



## Outcomes:

- Parent-child relationships are strengthened
- Children are confident and ready for school
- HIPPY parents develop English literacy and parenting skills
- HIPPY families feel included in their community
- HIPPY provides employment and training for HIPPY mothers
- Their first Canadian job gives them skills and workplace experience

# Feedback From Our Parents and Home Visitors

The HIPPY program has influenced and changed my life in many ways, all for the better, but for me, the most important change is that it is thanks to HIPPY that I have learned how to be more structured with my kids and all their activities. In the past, I would have tried to do so many activities with my children and I would have ended up so overwhelmed and over-scheduled. Now I understand it is better to focus on what really matters and that it is better to give them a chance to really enjoy what they're doing, without rushing them.

PA HIPPY Halton Home Visitor

"I wanted to share a heartwarming story with you. When I visited this mother and her daughter this year after the summer vacation, I could see the excitement in the girl's eyes. She eagerly looked at my hands, anticipating the new HIPPY curriculum I had brought for her. She couldn't wait to check the new story. It's remarkable that when we began HIPPY last year, neither the girl nor her mom knew English. However, this year, I was pleasantly surprised when her mom read the story to me with no mistakes, and the girl confidently engaged in English conversation with me. I understand that attending school has certainly played a role in their progress. Still, HIPPY has allowed them to work together at home and introduce a new language simply and effectively."

LT HIPPY Halton Home Visitor

"If you go to the group meeting, you can meet your Home Visitor. It's also good for me, not only attending the meeting but also socializing with other newcomers and new moms. That's really important to me."

AR HIPPY Halton Mother

"We can rely on the information because they're professional and reliable."

SC HIPPY Halton Mother

# Quick Facts

## Home Visitors Overview 2022/23:

- Home Visitors speak 8 languages and earn a Living Wage
- Home Visitors received a total of 1343 hours of training
- 90% of the current team started as HIPPY Mothers

## HIPPY Halton Families:

- Our families come from 27 countries and speak 25 languages other than English
- Families achieved a record 87% completion rate
- 75% of Parents report that their awareness of child development has increased

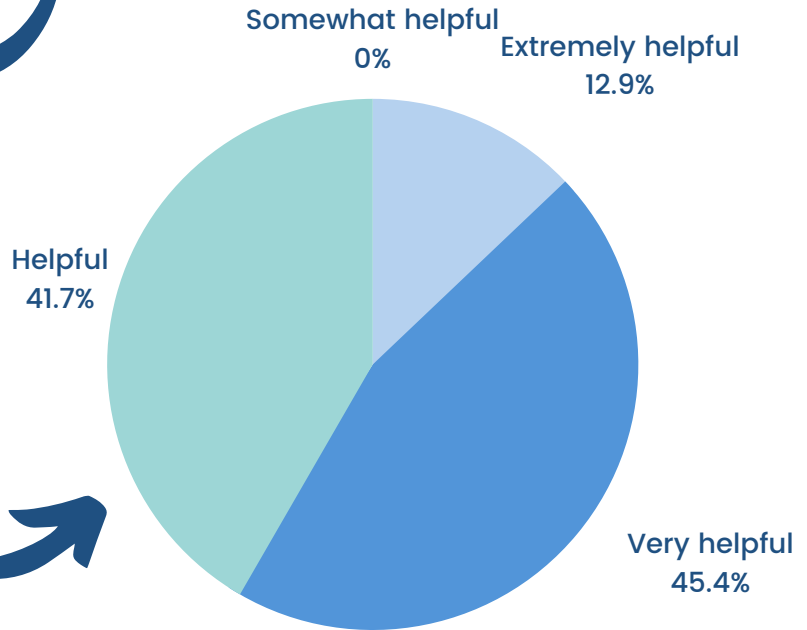
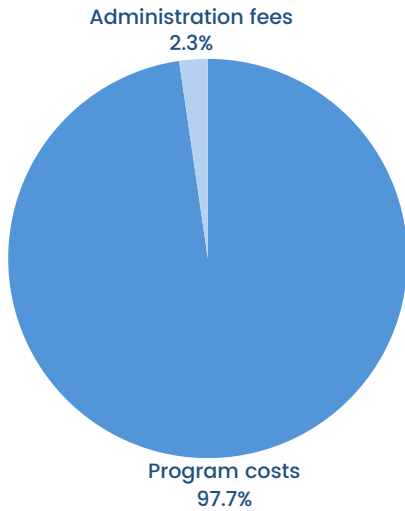
## Program Delivery Highlights:

- We delivered a total of 4,143 hours of home visits
- Parents spent 15,236 hours working with their children; strengthening and developing parent child connections
- 100% of parents reported that they feel confident teaching their children new skills



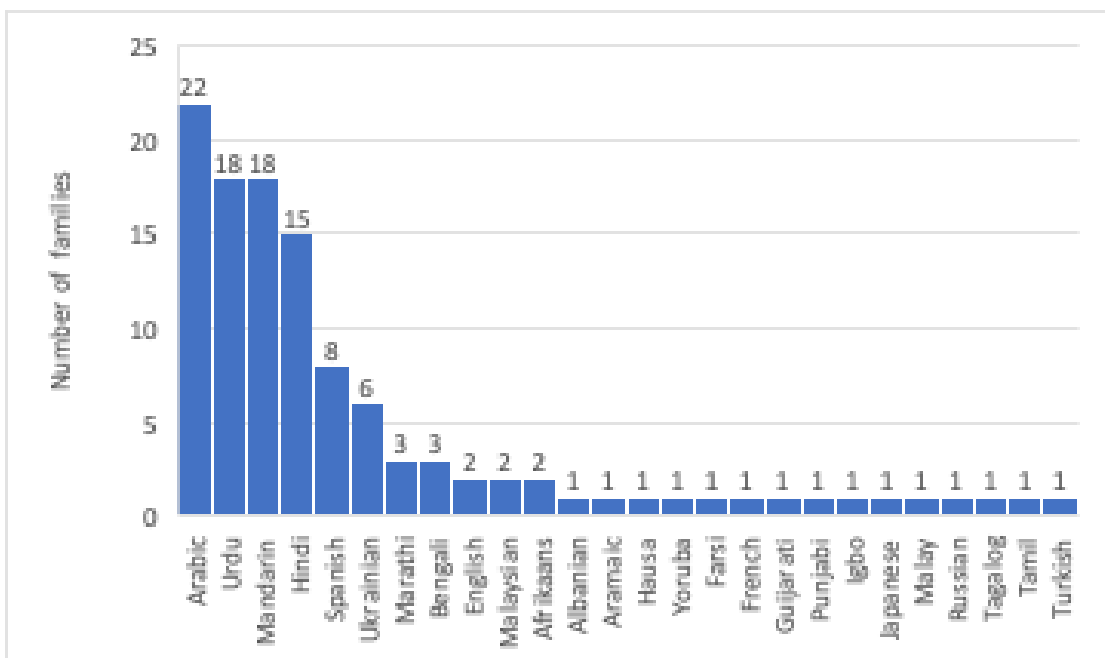
## Our Operating Costs

Despite significant increases in the costs of delivering our program, particularly with regard to materials for families and salaries, our overhead remains low.



Home Visitor influence and support on Parents' well-being

## Languages spoken by HIPPY Halton families



# Friends of HIPPY

Words cannot express our gratitude for your support and generosity. HIPPY Halton families have a chance to learn and grow, thanks to you.



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